

Wanda's Little Hands Menu

January 2022



Monday	Tuesday	Wednesday	Thursday	Friday
3. CENTER CLOSED	4. Milk Cornflakes Sliced Apples Milk Cheese Pizza Mixed Salad w/dressing Pineapple tidbits Ritz crackers Oranges	5. Milk French toast Banana Milk BBQ Meatballs Scalloped Potatoes Sliced Peaches WW Roll Graham Crackers 100% Orange Juice	6. Milk Pancakes Strawberries Milk Teriyaki chicken Peas Pasta Salad Pears WW Roll Goldfish 100% Grape Juice	7. Milk Cornflakes Oranges Milk WG Noodles Creamy broccoli w/ chicken Mixed Fruit WG Roll Chex Mix 100% Apple Juice
10. Milk WG Cheerios Apple Slices Milk Grilled Cheese on WW Bread Vegetable Soup Pineapples Cheez-it 100% Grape Juice	11. Milk Turkey Sausage Biscuit Oranges Milk Baked Lasagna Meat Sauce Green Beans Applesauce WG Roll WG Animal Crackers 100% Apple Juice	12. Milk WG Waffles Blueberries Milk Grilled Chicken & Cheese Corn-on-cob Fruit Cocktail WG Tortilla Wraps Pretzel Sticks Apple Slices	13. Milk WG Plain Bagel Cream Cheese Grapefruit Milk Mozzarella Sticks Steamed Broccoli Diced Peaches Club Crackers 100% Orange Juice	14. Milk WG Cheerios Banana Milk Hamburger Cauliflower Mac & Cheese Tropical Fruit WW Sliced Bread Veggie Straws 100% Pineapple Juice
17. CENTER CLOSED	18. Milk Pancakes Strawberries Milk Beef & Cheese Burrito Mixed Vegetable Pineapple Tidbit WG Crackers Cucumber & Ranch	19. Milk WG English Muffin Melon Milk Chicken Patties Sweet Peas Apple Slices WG Roll Teddy Graham 100% Grape Juice	20. Milk Croissant Rolls Diced Pears Milk Cheese Ravioli w/ Meat Sauce Green Beans Peaches Goldfish Raisins	21. Milk Corn Flakes Nectarines Milk Chili w/ Beans WG Tortilla Chips Brussel Sprouts Fruit Cocktail Rice Cake 100% Orange Juice
24. Milk WG Cheerios Mango Milk Cheeseburger Tater tots Orange Wedges Buns Animal Crackers 100% Grape Juice	25. Milk French Toast Grapefruit Milk Turkey & cheese WW Tortilla Wrap Sweet Potato Fruit Cocktail Graham Crackers 100% Pineapple Juice	20. Milk Cheese Toast on WW Bread Blueberries Milk Red Beans & Rice Broccoli w/cheese Peaches WG Tortilla Chips Salsa	21. Milk Cinnamon Raisin Bread Banana Milk Mac & Cheese Stir Fry Veggies Apples WW Roll Pretzel Thins 100% Apple Juice	22. Milk WG Cheerios Pineapple Milk Chicken Drumette Sweet corn Tropical Fruit WW Bread Mozzarella Cheese Sticks Apple Slices
31. Milk Shredded Wheat Apple Slices Milk Turkey & Cheese WW Hoagie bun Broccoli & carrots Pineapple Tidbits Chex Mix 100% Apple Juice				

***0-24 months: whole milk; 2yrs & up: 1% low fat milk; silk soymilk & lactose
100% juice will be served for snack. *USDA is an Equal Opportunity Provider**

***School Agers-will be served variety juice boxes for snack.**