

Wanda's Little Hands Menu

November 2021



Monday	Tuesday	Wednesday	Thursday	Friday
1. Shredded mini wheats Apple slices Milk Steak patties Cucumber salad Tropical fruit Milk Veggie chips 100% apple juice	2. Waffles Plums Milk Pulled chicken Cole slaw Fruit cocktail Buns Milk Cauliflower sticks 100% grape juice	3. Cheese toast on WW sliced bread Milk Chicken quesadilla Broccoli Applesauce Milk Rice cakes 100% orange juice	4. Pancakes Pears Milk Mozzarella sticks Mandarin oranges Corn on the cob Roll Milk Cheese and crackers 100% pineapple juice	5. WG Cheerios Oranges Milk Cheese pizza Lettuce and tomatoes Sliced peaches Milk Pretzels Orange slices
8. Cheerios Nectarines Milk Teriyaki chicken Cabbage Rice Fruit cocktail Milk Rice cakes 100% apple juice	9. Cinnamon raisin bagel Grapefruit Milk Spaghetti w/meat sauce Tossed salad Chunky pineapple Milk Veggie straws 100% orange juice	10. WG English Muffin Cantaloupe Milk Chicken patties Cauliflower rice Sliced peaches Roll Milk Celery stick Pretzels	11. Waffles Pineapple Milk Meatballs Corn on the cob Tropical fruit WW Roll Milk Chex mix 100% grape fruit	12. Cornflakes Apples Milk Cheese ravioli w/meat sauce Green beans Applesauce Milk Graham crackers 100% pineapple juice
15. Cornflakes Oranges Milk Cheeseburger WW roll Tater tots Sliced apples Milk Cucumbers Ritz crackers	16. Turkey sausage WW toast Apples Milk Grilled chicken Vegetable medley Pineapple chunks Saltine crackers Milk Cheez-Its 100% Pineapple juice	17. Plain bagel w/cream cheese Cantaloupe Milk Grilled cheese on WW bread Corn Fruit cocktail Milk Tortilla chips w/salsa 100% apple juice	18. Cinnamon raisin toast Sliced peaches Milk Macaroni and cheese Peas Sliced peaches WW roll Milk Animal crackers 100% orange juice	19. Cornflakes Banana Milk Chicken drumettes Scalloped potatoes Peaches Milk Goldfish 100% grape juice
22. Cheerios Pinapple bits Milk Chicken quesadilla Broccoli Mixed fruit Milk Carrots w/ranch dressing 100% grape juice	23. French toast sticks Blueberries Milk Sliced turkey Sweet potatoes Fruit cocktail Collard greens or green beans Milk Pretzel thins Mozzarella	24. Raisin bread Pear halves Milk Turkey and cheese Sliced tomatoes WW bread Mandarin oranges Milk Chex mix 100% Apple juice	25. CENTER CLOSED	26. CENTER CLOSED
29. Cheerios Bananas Milk Lasagna w/meat sauce Turnip greens Applesauce WW Roll Graham crackers 100% apple juice	30. Cheese toast WW bread Milk Beef & bean burrito Sweet corn Pineapple tidbits Goldfish 100% grape juice			

*School Ageds-will be served variety juice boxes for snack.
 100% juice will be served for snack. *USDA is an Equal Opportunity Provider